

# Senior House & Boarders' Menu Lent 24

Week 1

## Saturday

Warm Sausage Roll with Homemade Soup



Mixed Salad Bar  
Cold Meats

Bread Selection

Sliced Fruit  
Yoghurts



## Sunday

Roast Chicken with Yorkshire



Roast Potatoes  
Peas & Carrots

Mixed Salad Bar  
Cold Meats

Bread Selection

Sliced Fruit  
Yoghurts



## Monday

Tuna Cucumber Roll



Mac 'n' Cheese



Vegetable Chow Mein



Rice  
Broccoli

Mixed Salad Bar



Bread Selection

Jam Sponge  
Yoghurt Corner



## Tuesday

Beef Chilli, Rice & Tortilla Chips



Chicken & Vegetable Pie with Flaky Crust



Veggie Jambalaya



Mash  
Sweetcorn

Mixed Salad Bar



Bread Selection

Apple Crumble  
Yoghurt Corner



## Wednesday

Fish Pie



Pasta Bolognaise & Garlic Bread



Ravioli in Tomato Sauce & Garlic Bread



New Potatoes  
Peas

Mixed Salad Bar



Bread Selection

Shortbread  
Yoghurt Corner



## Thursday

Soup & Melt Day

Tomato Soup

Chicken & Mushroom Soup

Ham Melts  
Tuna Melt  
Cheese Melts



Mixed Salad Bar



Bread Selection

Cookies  
Yoghurt Corner



## Friday

Jumbo Fish Finger



Chicken Korma & Rice



Veggie Burger



Chips  
Baked Beans  
Peas

Mixed Salad Bar



Bread Selection

Sticky Toffee  
Pudding

Yoghurt Corner



# Senior House & Boarders' Menu

Week 1

Saint John's  
college school

## Afternoon Tea

### Saturday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



Cheese Burger



Baked Wedges  
Baked Beans

Salad Bar  
Cold Meats  
Bread and Spreads

Fresh Sliced Fruit

### Sunday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



### Monday

Selection Sandwiches  
Fresh Fruit  
Ginger Cake



Chicken Drumsticks

Veggie Quorn  
Dippers



Baked Wedges

Sweetcorn

Plain Pasta



Salad Bar  
Cold Meats  
Bread and Spreads

Fresh Sliced Fruit

### Tuesday

Selection Sandwiches  
Fresh Fruit  
Flapjack



### Supper

Pizza Night

Pepperoni Pizza

Margarita Pizza



Plain Pasta



Salad Bar  
Cold Meats  
Bread and Spreads

Fresh Fruit Salad

### Wednesday

Selection Sandwiches  
Fresh Fruit  
Banana Loaf



Roast Turkey Breast

Veggie Sausages

Roast Potatoes  
Cauliflower Cheese



Carrots  
Yorkshire Pudding



Plain Pasta



Salad Bar  
Cold Meats  
Bread and Spreads

Fresh Sliced Fruit

### Thursday

Selection Sandwiches  
Fresh Fruit  
Chocolate Crispy

Chicken Fajita

Veggie Fajitas

Braised Vegetable  
Rice



Plain Pasta



Salad Bar  
Cold Meats  
Bread and Spreads

Fresh Fruit Salad

### Friday

Selection Sandwiches  
Fresh Fruit  
Fruit Cake  
Soup & Toasties For Boarders



BBQ Meaty Ribs



BBQ Quorn &  
Vegetables



Rice

Plain Pasta



Salad Bar  
Cold Meats  
Bread and Spreads

Fresh Sliced Fruit

**Key Allergens :** Celery 🌿 Wheat/Gluten 🍞 Shellfish 🦞 Eggs 🍳 Lupin 🌱 Soya 🥛 Fish 🐟 Dairy 🥛 Molluscs 🐚 Sulphur Dioxide 🧴 Mustard 🧄 Sesame 🌰

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# Senior House & Boarders' Menu

Week 2

## Saturday

Warm Sausage Roll  
with Homemade  
Soup



Mixed Salad Bar  
Cold Meats



Bread Selection



Sliced Fruit  
Yoghurts



## Sunday

Roast Beef with  
Yorkshire



Roast Potatoes  
Broccoli & Green  
Beans

Mixed Salad Bar  
Cold Meats



Bread Selection



Sliced Fruit  
Yoghurts



## Monday

Tuna Salad Wrap



Veggie Chilli with Rice  
& Tortilla Chips



Cheese & Tomato  
Pasta Bake



New Potatoes  
Broccoli & Green  
Beans

Mixed Salad Bar  
Cold Meats



Bread Selection



Peach Crumble



Yoghurt Corner



## Tuesday

Baked Potato Day

Beef Chilli  
Tuna Mayo  
Baked Beans  
Grated Cheese



Rice  
Peas

Mixed Salad Bar  
Cold Meats



Bread Selection



Chocolate Brownie



Yoghurt Corner



## Wednesday

Egg Mayo Roll



Beef Lasagne with  
Garlic Bread



Gnocchi In Tomato  
& Basil Sauce



Sweetcorn

Mixed Salad Bar  
Cold Meats



Bread Selection



Shortbread



Yoghurt Corner



## Thursday

Cheese Salad Wrap



Roast Loin Pork with  
Gravy & Yorkshire



Veggie Sausages with  
Gravy & Yorkshire



Roast New Potatoes  
Carrots & Peas

Mixed Salad Bar  
Cold Meats



Bread Selection



Syrup Sponge



Yoghurt Corner



## Friday

Pizza Day

Pepperoni Pizza

Ham & pineapple  
Pizza

Margarita Pizza



Chips  
Sweetcorn

Mixed Salad Bar  
Cold Meats



Bread Selection



Ice Cream



Yoghurt Corner



# Senior House & Boarders' Menu

## Afternoon Tea

### Saturday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



### Sunday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



### Monday

Selection Sandwiches  
Fresh Fruit  
Flapjack



### Tuesday

Selection Sandwiches  
Fresh Fruit  
Iced Cake



### Wednesday

Selection Sandwiches  
Fresh Fruit  
Cookie



### Thursday

Selection Sandwiches  
Fresh Fruit  
Muffin



### Friday

Selection Sandwiches  
Fresh Fruit  
Fruit Cake  
Soup & Toasties For Boarders



## Supper

Baked Potato with Beans and Cheese or Tuna Mayo



Chicken Curry  
Veggie Curry



Rice  
Mango Chutney  
Peas

Pork & Beef Meatballs



Beef Meatballs

Veggie Meatballs



Pasta

Cream Chicken Soup



Tomato & Basil Soup



Ham Melt  
Cheese melt



Homemade Bread



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

Jumbo Pork Sausage



Veggie Sausages

Mash  
Yorkshire  
Red Cabbage  
Carrots



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Fruit Salad

Chinese Style Baked Salmon



Braised Rice



Stir fry Mangetout & Sweetcorn



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

# Senior House & Boarders' Menu

Week 3

## Saturday

Warm Sausage Roll  
with Homemade  
Soup



Mixed Salad Bar  
Cold Meats



Bread Selection



Sliced Fruit  
Yoghurts



## Sunday

Roast Turkey with  
Yorkshire



Roast Potatoes  
Carrots & Corn

Mixed Salad Bar  
Cold Meats



Bread Selection



Sliced Fruit  
Yoghurts



## Monday

Egg Mayo Roll



Baked Potato with  
Baked Beans &  
Cheese



Minted Pea Risotto



Broccoli

Mixed Salad Bar  
Cold Meats



Bread Selection



Jam Sponge



Yoghurt Corner



## Tuesday

Cajun Spiced  
Chicken Jambalaya



Cottage Pie



Quorn Korma & Rice



Peas & Green Beans

Mixed Salad Bar  
Cold Meats



Bread Selection



Apple & Pear  
Crumble



Yoghurt Corner



## Wednesday

Tuna Wraps



Pasta Carbonara



Red Leicester Tart



New Pots  
Sweetcorn

Mixed Salad Bar  
Cold Meats



Bread Selection



Fruit Jelly

Yoghurt Corner



## Thursday

Soup & Melt Day

Tomato Soup

Sweet Potato &  
Coconut Curry Soup

Ham Melt  
Tuna Melt  
Cheese Melt



Mixed Salad Bar  
Cold Meats



Bread Selection



Shortbread



Yoghurt Corner



## Friday

Chicken Balti & Rice



Jumbo Pork Sausage



Sweet 'n' Sour Quorn  
& Rice



Chips  
Baked Beans  
Peas

Mixed Salad Bar  
Cold Meats



Bread Selection



Vanilla Cake



Yoghurt Corner



# Senior House & Boarders' Menu

Week 3

## Saturday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



Pizza



Baked Wedges  
Peas

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

## Sunday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



## Afternoon Tea

### Tuesday

Selection Sandwiches  
Fresh Fruit  
Shortbread



### Supper

Chicken Paella

Veggie Paella

Broccoli

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Fruit Salad

## Monday

Selection Sandwiches  
Fresh Fruit  
Chocolate Cake



Bolognese Sauce

Tomato & Basil  
Sauce

Pasta  
Garlic Bread



Peas

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

## Wednesday

Selection Sandwiches  
Fresh Fruit  
Cherry Cake



Baked Potato

Beef Chilli  
Baked Beans  
Cheese  
Tuna  
Veggie Chilli



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

## Thursday

Selection Sandwiches  
Fresh Fruit  
Muffins



Breaded Garlic  
Chicken

Quorn Dippers

Baked Wedges  
Sweetcorn



Fresh Fruit Salad

## Friday

Selection Sandwiches  
Fresh Fruit  
Fruit Cake  
Soup & Toasties For Boarders



BBQ Pulled Pork Bap

BBQ Quorn Fillet Bap

Coleslaw  
Sautéed Potatoes

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

# Senior House & Boarders' Menu

## Saturday

Warm Sausage Roll  
with Homemade  
Soup



Mixed Salad Bar  
Cold Meats



Bread Selection



Sliced Fruit  
Yoghurts



## Sunday

Roast Pork &  
Yorkshire



Roast Potatoes  
Broccoli & Peas

Mixed Salad Bar  
Cold Meats



Bread Selection



Sliced Fruit  
Yoghurts



## Monday

Tuna Cucumber  
Wrap



Margarita Pizza



Roasted Med Veg  
with Halloumi & Basil  
Pesto



Wedges  
Sweetcorn

Mixed Salad Bar  
Cold Meats



Bread Selection



Fruit Crumble



Yoghurt Corner



## Tuesday

Taco Tuesday

BBQ Pulled Pork  
Sweet Chilli Chicken  
Beef Chilli & Rice

Cajun Spiced Stir Fry  
Quorn



Veggie Chilli & Rice



Salsa  
Guacamole  
Grated Cheese  
Minted Yoghurt



Mixed Salad Bar  
Cold Meats



Bread Selection



Chocolate Brownie



Yoghurt Corner



## Wednesday

Ham Salad Roll



Meatballs in Tomato  
Sauce with Pasta



Aubergine  
Parmigiana



New Potatoes  
Peas

Mixed Salad Bar  
Cold Meats



Bread Selection



Jelly

Yoghurt Corner



## Thursday

Warm Ciabatta  
Cheese Melts



Roast Chicken Thighs  
with Chasseur Sauce



Veggie Cottage Pie



Mash  
Carrots & Green  
Beans

Mixed Salad Bar  
Cold Meats



Bread Selection



Jam Sponge



Yoghurt Corner



## Friday

Sweet 'n' Sour  
Chicken



Jumbo Fish Finger



Cheese & Onion Tart



Chips  
Rice  
Baked Beans  
Peas

Mixed Salad Bar  
Cold Meats



Bread Selection



Flapjack



Yoghurt Corner



# Senior House & Boarders' Menu

Week 4

Saint John's  
college school

## Saturday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



Breaded Chicken Dippers with Garlic Butter



Sautéed Potatoes  
Sweetcorn

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

## Sunday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



Breaded Chicken Dippers with Garlic Butter



Sautéed Potatoes  
Sweetcorn

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

## Monday

Selection Sandwiches  
Fresh Fruit  
Chocolate Chip Cake



Chicken Fajita  
Veggie Fajita



Braised Vegetable  
Rice

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

## Afternoon Tea

### Tuesday

Selection Sandwiches  
Fresh Fruit  
Shortbread



### Supper

Cream Chicken  
Soup



Tomato Soup

Ham Melts  
Cheese Melts



Homemade Bread



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Fruit Salad

### Wednesday

Selection Sandwiches  
Fresh Fruit  
Lemon Cake



Sweet Chilli Chicken  
Drumsticks

Quorn Dipper with  
Sweet Chilli Sauce

Baked Wedges

Peas

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

### Thursday

Selection Sandwiches  
Fresh Fruit  
Cookies



Meaty BBQ Ribs  
BBQ Quorn Fillet



Rice  
Sweetcorn

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Fruit Salad

### Friday

Selection Sandwiches  
Fresh Fruit  
Fruit Cake  
Soup & Toasties For Boarders



Chicken & Chorizo  
Pasta



Tomato Pasta



Garlic Bread



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit



# Senior House & Boarders' Menu

Saturday

Sunday

Monday

Tuesday

Wednesday

Thursday

Week 5

Friday

Warm Sausage Roll with Homemade Soup

Roast Turkey & Yorkshire

Tuna Baguette

Cheese Wraps

Pasta Bolognese

Soup & Melt Day

Chicken Curry & Rice

    
Roast Potatoes  
Carrots & Green Beans

    
Baked Potato with Beans & Cheese

    
Jumbo Pork Sausage & Yorkshire

  
Tomato & Basil Pasta

Tomato Soup  
French Onion Soup

   
Beef Burger in soft Bap

  
Moroccan Spiced Roast Vegetables with Cous Cous

    
Vegie Sausages & Yorkshire

   
Italian Style Baked White Fish with Olives & Tomato

Ham Melt  
Tuna Melt  
Cheese Melt

  
Beef Tomato & Halloumi Stack with Pesto

  
Sweetcorn

    
Mash Carrots & Peas

    
New Potatoes Broccoli & Green Beans

   
Chips Baked Beans Peas

Mixed Salad Bar  
Cold Meats

Mixed Salad Bar  
Cold Meats

Mixed Salad Bar  
Cold Meats

Mixed Salad Bar  
Cold Meats

Mixed Salad Bar  
Cold Meats

Mixed Salad Bar  
Cold Meats

Mixed Salad Bar  
Cold Meats

Bread Selection

Bread Selection


Bread Selection

Bread Selection

Bread Selection

Bread Selection

Bread Selection

  
Sliced Fruit  
Yoghurts

  
Sliced Fruit  
Yoghurts

  
Chocolate Sponge

  
Rice Pudding

  
Fruit Crumble

  
Chocolate Crispy

  
Ice Cream






 

  
Yoghurt Corner

   
Yoghurt Corner

   
Yoghurt Corner

   
Yoghurt Corner

   
Yoghurt Corner

# Senior House & Boarders' Menu

Week 5

Saint John's  
college school

## Saturday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



Ravioli in Tomato Sauce with Garlic Bread



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

## Sunday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake

## Monday

Selection Sandwiches  
Fresh Fruit  
Flapjack

Pizza Night

Pepperoni Pizza



Margarita Pizza



Chips

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

## Afternoon Tea

### Tuesday

Selection Sandwiches  
Fresh Fruit  
Iced Sponge

### Supper

Chicken Curry

Veggie Curry



Rice  
Mango Chutney  
Peas

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Fruit Salad

### Wednesday

Selection Sandwiches  
Fresh Fruit

Roast Loin Pork

Veggie Sausages



Braised Red Cabbage

Roast Potatoes

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

### Thursday

Selection Sandwiches  
Fresh Fruit  
Shortbread

Beef & Pork Meatballs



Beef Meatballs

Veggie Meatballs

Pasta  
Sweetcorn



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Fruit Salad

### Friday

Selection Sandwiches  
Fresh Fruit  
Fruit Cake  
Soup & Toasties For Boarders

Baked Salmon



Crushed New Potatoes

Leeks in Cream Sauce



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

# Senior House & Boarders' Menu

Week 6

## Saturday

Warm Sausage Roll  
with Homemade  
Soup



## Sunday

Roast Beef &  
Yorkshire



## Monday

Cheese Salad Wrap



## Tuesday

Ham Salad Roll



## Wednesday

Spiced Chicken  
Mayo Roll



## Thursday

Tuna Salad Wrap



## Friday

Beef & Vegetable  
Pie Pie



Pesto Pasta & Garlic  
Bread



Tandoori Chicken &  
Rice



Beef Lasagne



BBQ Pulled Pork Bap



Jumbo Fish Finger



Roast Potatoes  
Carrots & Peas

Roasted Vegetable  
Plait



Margherita Pizza



Tomato Pasta Bake



Veggie Hotdog



Quorn Curry & Rice



New Potatoes  
Peas & Corn

Wedges  
Sweetcorn

Broccoli & Green  
Beans

Rice  
Sweetcorn

Chips  
Baked Beans  
Peas

Mixed Salad Bar  
Cold Meats



Mixed Salad Bar  
Cold Meats



Mixed Salad Bar  
Cold Meats



Mixed Salad Bar  
Cold Meats



Mixed Salad Bar  
Cold Meats



Mixed Salad Bar  
Cold Meats



Mixed Salad Bar  
Cold Meats



Bread Selection



Bread Selection



Bread Selection



Bread Selection



Bread Selection



Bread Selection



Bread Selection



Sliced Fruit  
Yoghurts



Sliced Fruit  
Yoghurts



Jam Sponge



Cookies



Peach Crumble



Syrup Sponge



Flapjack



Yoghurt Corner



Yoghurt Corner



Yoghurt Corner



Yoghurt Corner



Yoghurt Corner



# Senior House & Boarders' Menu

## Afternoon Tea

### Saturday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



Pasta Carbonara  
with Garlic Bread



Broccoli

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

### Sunday

Selection Sandwiches  
Fresh Fruit  
Homemade Cake



### Monday

Selection Sandwiches  
Fresh Fruit  
Shortbread

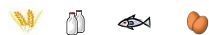


Baked Potato

Beef Chilli  
Veg Chilli  
Baked Beans  
Grated Cheese  
Tuna Mayo



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

### Tuesday

Selection Sandwiches  
Fresh Fruit  
Flapjack



### Supper

Bolognese Sauce

Tomato & Basil  
Sauce



Pasta  
Garlic Bread  
Sweetcorn



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Fruit Salad

### Wednesday

Selection Sandwiches  
Fresh Fruit  
Citrus Cake



Jumbo Pork Sausage

Veggie Sausage

Mash  
Cauliflower Cheese  
Peas



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit

### Thursday

Selection Sandwiches  
Fresh Fruit  
Muffins



Chicken Paella

Veggie Paella



Broccoli

Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Fruit Salad

### Friday

Selection Sandwiches  
Fresh Fruit  
Fruit Cake  
Soup & Toasties For Boarders



Cream Chicken  
Soup



Tomato Soup



Ham Melt  
Cheese Melt



Homemade Bread



Salad Bar  
Cold Meats  
Bread and Spreads



Fresh Sliced Fruit